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# Stop Being The String Along: A Relationship Guide To Being THE ONE

**STOP BEING**  
***The String Along***

A Relationship Guide  
To Being  
**THE ONE**

**BARBARA ROSE**



## Synopsis

Stop Being the String Along: A Relationship Guide to Being THE ONE will guide you to: \*

Authentically empower yourself in your romantic relationships \* Become your own best friend \* Have authentic communication \* Learn how to never settle again \* Take the manipulative games out of your relationships \* Attract a partner that is a fantastic match for you \* Learn how to spiritually evolve in a Sacred Relationship \* End negative patterns in your relationship \* Learn 50 reasons to stay in a relationship \* Learn 50 reasons to leave skid marks \* Uproot negative programming that has kept you stuck in String Along misery \* Learn what it takes to finally get it right. In her groundbreaking book Stop Being the String Along Barbara Rose states: "Give me ten minutes and I can tell you if you are destined to being a string along or THE ONE for the rest of your life!" Rose does this by identifying the "string along warning signs." We all have string along messages thrown onto us that have been imprinted within our subconscious minds. It is in identifying them, and bringing them out into our conscious awareness that turns a string along into THE ONE. You can know every trick in the book about catching someone, subtly coercing them, and playing a host of games to get what you want, but if you are subconsciously being the string along you will never succeed in a relationship, and even if you do get married, it will most likely not last! The great news is that now you can easily uncover the old string along programming and create authentic, thriving relationship success. If you are not doing as well in your relationship as you would like, you will have to uproot your subconscious string along messages. Unfortunately your current string along messages will tend to stay with you for the rest of your life, unless you identify and revise them, and that's exactly what you will do with the help of this extraordinary book. According to Barbara Rose, it's simple. If you think like THE ONE thinks and do what THE ONE does, chances are you'll be THE ONE too! --This text refers to an alternate Kindle Edition edition.

## Book Information

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## Customer Reviews

I bought this book hoping to find answers in relationships and that is just what I got from this book. Barbara Rose really hits the nail on the head in each chapter.1. "String Along Valley" shows "the dating game" and the "string along excuses" standards that any human being needs to have, and gives excellent advice with the string along warning signs.2. "Mixed Messages" what to do when you don't know what he (or she) is going to do. The role of honesty, the "make-up, break-up cycle", "The I can fix him myth", the "just friends scenario" and "how to move on when you still love someone." This chapter brings great clarity to all of the above.3. "Lifting yourself out of the valley of misery", along with "addressing fears of ending a relationship", "igniting your passion and purpose" and "who you are from the inside out" all bring outstanding advice on exactly how to handle each topic.4. "Catch me if you can" this chapter deals incredibly well with "mixed signals" and exactly how to handle them.5. "The mating game" gets serious with "warning signs of perpetual dating", "the string along wife", "torn between two lovers", "till death do us part" and "finding the courage to leave the string along life". An engaging chapter dealing with very real situations. The advice is real, authentic, empowering, and doable.6. "Dating for all the wrong reasons", "from expectation to authenticity", "when you can't be bought", "options", "No permission, validation or approval needed" (buy this book for this chapter alone!) "Healing string along misery" and "the waiting game" all bring fantastic advice that will stay with you for a long time.7.

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